

Quinte Ballet School of Canada – COVID-19 Summer Dance Camp Safety Plan Updated July 21, 2021

The COVID-19 Safety Plan for Quinte Ballet School of Canada's Summer Dance Camp in Belleville is designed to comply with the Safety Guidelines for COVID-19 for Overnight Camps from Public Health Ontario and Step 3 guidelines and regulations in Ontario's Reopening Ontario plan. This QBSC safety plan has been developed and submitted in writing to the local public health unit prior to the start of QBSC's Summer Dance.

During the COVID-19 pandemic, we all need to do our part to keep people safe and healthy so we can stop the spread. Here are the steps that Quinte Ballet School of Canada (QBSC) is taking for participants and staff to stay safe during QBSC's Summer Dance Camp from July 18 to 30, 2021. Youth attending QBSC's Summer Dance Camp range in age from 10 to 17 years. QBSC will maintain contact information records for all summer dance participants and staff. QBSC's General Manager is the designated COVID-19 Safety Officer during QBSC's summer dance camp.

As government and public health officials bring new guidelines and the COVID-19 situation changes, we will update our policies to meet our legal and public health obligations. A copy of this safety plan is prominently posted in QBSC's summer camp facilities and available on QBSC's website. Prior to camp staff will receive training in QBSC's COVID-19 policies and procedures concerning screening, hand hygiene & cleaning, social distancing, face coverings, and other COVID-19 preparedness & prevention measures during camp.

Measures QBSC is Taking to Minimize COVID-19 Risks during Summer Dance Camp

- All camp participants and staff receive education & training for policies in QBSC's COVID-19 Summer Dance Safety Plan and will follow QBSC's health & safety policies & procedures
- Daily screening by QBSC staff of all participants and staff for COVID-19 symptoms and exposure
- Bi-weekly rapid antigen testing of summer camp participants and staff on-site
- Procedures in place to manage symptomatic people including an isolation area with necessary PPE
- All campers and staff have been organized into cohorts. Cohort size meets the requirements of the Ministry of Health's COVID-19 guidance for overnight camps
- All summer dance activities, including breaks, meals, dance classes and evening & weekend activities have been scheduled to minimize interactions between multiple cohorts
- Room capacity limits set and posted in all indoor rooms used by summer dance participants and staff
- Face coverings worn at all times at QBSC including dance classes except for when eating or drinking
- Face coverings worn at all times at Albert College residence and at indoor activities at Albert College except for meals and when participants are in their private rooms
- Face coverings can be removed within cohorts for outdoor activities at Albert College if socially distanced
- All indoor spaces used at summer dance camp are air-conditioned and well-ventilated
- Outdoor activities on evenings & weekends are planned as much as possible (weather & safety permitting)
- Hygiene policies implemented and PPE fully stocked for use during summer camp
- Frequent cleaning and disinfecting of surfaces, indoor spaces, washrooms, and shared indoor areas/items
- Social distancing – the use of all available indoor and outdoor spaces is maximized to ensure campers and staff from different cohorts remain physically distanced (minimum of 2 metres apart) from one another, especially when masks are removed for eating/drinking
- Cohorted groups maintained for all dance classes, activities, overnight accommodation and meals with minimal physical contact between cohorted groups
- Cohort size will be no more than 10 campers with a staff assigned to specific cohorted groups
- Camp arrival/departure times and all daily activities are staggered for all cohorted groups to ensure social distancing
- Overnight accommodation with participants in single rooms and meals at Albert College for 13 days
- Procedures are in place for safe transportation of campers if required during summer dance camp for travel between QBSC and Albert College during thunderstorms/rain showers or other inclement weather. No excursions outside of QBSC and Albert College property are planned.
- QBSC's trained first-aiders and fully stocked first aid kits are on site at all times
- No spectators or members of the general public are permitted to attend classes or any summer dance activities other than designated QBSC and Albert College staff.

Screening & Testing – Arrivals & Departures

- QBSC strongly encourages all staff and camp participants to be vaccinated against COVID-19
- Camp participants are required to show proof of negative COVID-19 test within 72 hours of arrival
- QBSC signage at all camp entrances educates people about COVID-19 symptoms
- Screeners will take appropriate precautions and wear PPE when screening campers and staff including maintaining a distance of at least 2 metres from those being screened
- Each camper and staff member are screened for symptoms and relevant exposures to COVID-19 both on arrival at camp and on a daily basis during camp using a screening questionnaire from local public health
- All campers will maintain social distancing while waiting in line for daily screening by staff wearing PPE
- Any camper or staff member who screens positive for symptoms and/or relevant exposures to COVID-19 is denied entry to camp facilities (or is immediately directed to the isolation area while plans are made to safely leave)
- At the designated isolation area, the symptomatic individual is given a medical mask and supervised by a designated staff member(s) until arrangements are made for further assessment and testing, if indicated, and/or the symptomatic individual can be safely sent home
- Twice per week campers and staff will be tested on-site by a staff member using rapid antigen tests
- Upon entry to camp facilities, all individuals are required to use hand sanitizer provided or proceed immediately to wash their hands

Face Coverings

Quinte Ballet School of Canada requires anyone at summer camp to wear a face covering. All campers and staff must use their own personal face covering. Face coverings must be worn while inside camp facilities with the exception of eating or drinking in a designated location while social distancing from other people or when campers are in their private room at Albert College. For outside activities, face coverings can be removed while maintaining social distancing within cohorts in the same group. Posters are displayed around camp facilities about how to wear, remove and care for face coverings.

Hygiene & Cleaning Policies

Frequent and proper hand hygiene (soap and water or hand sanitizer) is critical to limit transmission of COVID-19. Proper hand hygiene is one of the most efficient strategies to prevent the spread of most respiratory viruses. Posters are displayed around camp facilities about respiratory etiquette, proper handwashing, hygiene and cleaning requirements.

QBSC requires everyone participating in QBSC's summer camp to:

- Wash/sanitize their hands when they enter an indoor facility
- Everyone will be encouraged to follow respiratory etiquette (coughing or sneezing into a bent elbow, promptly disposing of tissues in the trash)
- Everyone is encouraged to avoid touching their face, eyes, nose and mouth as much as possible
- Wash/sanitize their hands before and after they use the washroom
- Wash/sanitize their hands before they put on their face coverings
- Wash/sanitize their hands before and after eating or drinking
- Wash/sanitize their hands when refilling their personal water bottle at the water cooler
- When participating in a craft activity the use of shared equipment will be limited or if equipment is to be shared, the equipment will be sanitized before and after use
- Disposable disinfectant wipes will be made available to regularly clean and disinfect commonly used surfaces or equipment in shared common areas, activity areas, lunch area and shared equipment
- Keep a number of doors open in the building throughout the day – the office door, staff room door, changeroom doors, lunchroom areas and staff room washroom doors. This will help us minimize the touching of door handles and doors.

QBSC established a plan to ensure nightly cleaning and disinfecting of the building and common areas, removal of garbage and clearly establish responsibility for the implementation for various aspects of the plan.

Shared Spaces – Indoor Changerooms, Eating Areas, Hallways, Washrooms at QBSC

- All summer dance participants and staff will follow indoor room capacity limits as posted
- Students are assigned a personal locker to store personal belongings, shoes, etc. with access restricted to one cohort at a time to allow for social distancing and capacity limits
- Student cohort groups using assigned changerrooms will ensure their bench is wiped clean after use with a disinfectant cloth before exiting the changerroom
- Students will limit their time in the changerroom and ensure they stay with their cohorted group
- At the end of each day, a designated staff person will check the changerroom prior to students' departure to ensure everything is stored in place in designated lockers
- Disinfectant wipes, Kleenex, and hand sanitizer will be available in each changerroom, eating areas, hallways, studio, indoor activity rooms and other shared spaces
- Between camp activities, students will adhere to social distancing and keep with their cohorted group
- Pre-packaged lunches will be provided for all campers for lunches at QBSC that can be eaten indoors in designated seating areas while social distancing or outside while social distancing
- All individuals will put their garbage, recycling and food waste directly into bins and not leave it for others to clean up
- People in the QBSC building must take steps to maintain social distancing during breaks and meal times. Lunch areas are set up in the visual arts room, student lounge, student kitchen, staff room, and outdoors
- Lunchroom surfaces and chairs will be wiped using disinfectant wipes after use by the student at lunch
- Food will not be eaten in changerroom areas – only in designated eating areas at QBSC and Albert College

Shared Spaces – Indoor Dance Studios at QBSC

- All summer dance participants and staff will follow indoor room capacity limits posted in dance studio
- Each cohorted group will be assigned the use of one dance studio for the entire day of dance classes
- Before, during and after dance classes, students will adhere to social distancing and keep with their cohorted group
- Face coverings must be worn at all times by dancers, teachers & pianists in studios except for drinking
- Disinfectant wipes, Kleenex, and hand sanitizer will be available in each studio
- No street wear, backpacks or personal belongings are allowed in dance studios with the exception of water bottles, personal hand sanitizer and clothing/footwear that are required for that activity
- Dance teachers will be responsible for ensuring the dance barres and other equipment are disinfected
- Music must not be played during dance classes in studios at a decibel level that exceeds the level at which normal conversation is possible
- Two metres physical distancing must be maintained except in situations where teaching or dance corrections cannot be effectively provided if physical distancing is maintained
- No spectators or the general public will be permitted in dance studios

Social Distancing

- Only registered campers and staff may enter indoor facilities or participate in camp activities
- Activity start and end times will be staggered when necessary to limit the number of campers in a common space at the same time and adhere to social distancing requirements
- Space markers will be placed in activity areas, common areas and screening areas to ensure two metre social distancing requirements are adhered to at all times
- Space markers will be placed in studios to ensure two metre social distancing during dance classes

Room Capacity Limits

The number of people allowed into specific activity areas throughout QBSC is limited to:

- Ensuring there's sufficient space to allow people to remain two metres (6 feet) apart from one another and enable dance classes to proceed
- Preventing gatherings of people who are unable to social distance in common areas

- Allowing people sufficient time to clean, use and disinfect shared areas and equipment, that include eating areas, changerooms, washrooms, hallways, and studios
- Specific arrival times and departure times at the school for classes will be scheduled and adhered to in order for rooms to be used with sufficient space to allow for social distancing and to minimize lineups at the front door
- Signs will be posted outside of each room to indicate capacity limits to each space listed below

We have measured the capacity of various rooms in Quinte Ballet School's facilities that will enable students, teachers, pianists and guests to remain two metres apart (6 feet):

QBSC Studio A	18 dancers (not including staff)
QBSC Studio B-F	10 dancers (not including staff)
Student lounge	10 people (designated eating area)
Student kitchen	4 people (designated eating area)
Small girls' changeroom & washroom	5 people
Boys' changeroom & washroom	3 people
Large girls' changeroom & washrooms	17 people
Staff kitchen & lounge	4 people
Visual arts studio	18 people (designated eating area)
Staff women's changeroom & washroom	2 people
Staff men's changeroom & washroom	2 people

We have measured the capacity of various rooms at Albert College where students are staying in residence that will enable students and staff to remain 2 metres apart.

Albert College Dining Hall	50 people (designated eating area for meals – partitioned)
Albert College Gymnasium	30 people (used for indoor activities by cohorted groups)
Albert College Library	30 people (used for indoor activities by cohorted groups)
Albert College Manor 3 Common Rooms	10 people (used by up to 30 people in cohorted groups)
Albert College Manor Residence Room	1 private room per person
Albert College Shared Washrooms	4 people in washrooms used by cohorted groups on 2 floors

People staying in residence at Albert College must take steps to maintain social distancing during evening and weekend activities and at all meal times. The Albert College Dining Hall is set up so that people are served directly by Albert College staff with groups eating, entering and exiting the Dining Hall while maintaining their distance with other cohorted groups. Eating areas are set up with plexiglass partitions between each person.

Management of Symptomatic Campers or Staff

- When screening any camper or staff member each day, if the person has any new or worsening symptoms identified on the COVID-19 screening tool form used by QBSC, then the individual has failed the screening health check and will not be permitted to enter QBSC's facilities or Albert College facilities. Arrangements will be made for that individual to return home
- QBSC's rapid antigen tests may be used to verify if the symptomatic individual tests positive or negative for COVID-19 or a COVID-19 test may be organized with local public health
- The symptomatic individual should go home and self-isolate immediately and contact their health provider, the local Health Unit (hpepublichealth.ca) or Telehealth Ontario (1-866-797-000) to find out if they need a COVID-19 test
- If the symptomatic individual cannot return home immediately, arrangements will be made to provide a suitable isolation space at camp and for a designated staff member to look after them until they are picked up by a parent or caregiver to safely return them home for the duration of their quarantine period
- In the isolation area, the designated staff member(s) is separated from the symptomatic individual by physical distancing (i.e., minimum of 2 metres apart) and/or use of a physical barrier (e.g., plexiglass). If this is not possible, the staff member wears a medical mask and eye protection (e.g., goggles, face shield)
- After each use by a symptomatic individual, the isolation location/area, and other shared spaces used by the individual while symptomatic are thoroughly cleaned and disinfected

- If, within 14 days of arrival at camp, a staff or camper is notified that they were in contact with a confirmed case (i.e., the exposure occurred prior to arrival at camp), the individual is taken to the designated isolation area, given a medical mask and supervised by a designated staff member(s) until arrangements are made for them to safely return home for the duration of their quarantine period
- If any staff or camper tests positive for COVID-19 during the 14 days of camp, local public health authorities will be contacted. COVID-19 cases, contact, and outbreak management are the responsibility of the local public health unit and are carried out in collaboration with QBSC administrators and other health system partners
- Anyone providing care to an individual with COVID-19 symptoms must use appropriate droplet and contact precautions including a medical mask, eye protection (face shield or goggles) and gown where possible, maintain a distance of at least 2 metres.

Camp Chartered Bus Transportation

- There are no field trips organized during QBSC's Summer Dance Camp that require transportation
- However, if there is a thunderstorm or serious rainstorm, QBSC will charter bus transportation for campers travelling between Albert College and Quinte Ballet School
- All campers and staff will be screened for symptoms and relevant exposures to COVID-19 prior to boarding the bus
- Hand sanitizer is made available at the entrance/exit and all campers/staff perform hand hygiene prior to boarding/exiting the bus
- All campers and staff wear a face covering at all times, including when boarding and exiting the bus
- Transportation will be used by only one cohort at a time. If this is not feasible and campers and/or staff from more than one cohort are being transported together, members of each cohort are seated together and each cohort remains at least 2 metres apart from one another if feasible
- The bus driver is separated from the campers/staff by physical distancing (i.e., minimum of 2 metres apart) and/or use of a physical barrier (e.g., plexiglass), including during boarding and exiting of campers/staff
- Frequently touched surfaces (e.g., door/handles, hand rails, seat backs) are cleaned and disinfected between use by each cohort that is transported between QBSC and Albert College